

FREE 7-DAY OUTFIT PLANNER PRINTABLE

Plan a full week of easy outfits without overthinking what to wear.

Use this printable to organize casual looks, work outfits, weekend style, jeans outfits, sneaker outfits, and seasonal outfit ideas in one simple place.

How this helps

Pick one outfit idea for each day, write down shoes and layers, then keep a short note of what worked. Simple, useful, and easy to repeat.

Created by BestStatusPics

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7-Day Outfit Planner

Write one simple outfit idea for each day. Keep it realistic and based on pieces you already like wearing.

| Day | Outfit idea | Shoes | Layer / bag | Notes |
|-----------|-------------|-------|-------------|-------|
| Monday | | | | |
| Tuesday | | | | |
| Wednesday | | | | |
| Thursday | | | | |
| Friday | | | | |
| Saturday | | | | |
| Sunday | | | | |

Quick planning tip

Start with the day first. Choose easier outfits for busy days and save your more styled looks for work, weekends, photos, events, or plans.

THIS WEEK I WANT MY OUTFITS TO FEEL

| | |
|-----------------|--|
| Comfortable: | |
| Polished: | |
| Easy to repeat: | |

Easy Outfit Formula Ideas

Use these formulas when you do not know where to start. Swap colors, shoes, and layers based on your style and the weather.

| Outfit type | Simple formula |
|---|--|
| Casual day | Jeans + simple tee + light layer + sneakers |
| Work outfit | Trousers + blouse/top + blazer/cardigan + flats or loafers |
| Weekend look | Comfortable dress or relaxed denim + easy shoes + small bag |
| Jeans outfit | Straight jeans + knit top + jacket + ankle boots or sneakers |
| Sneaker outfit | Wide-leg pants or denim + clean top + casual layer + sneakers |
| Seasonal style | Base outfit + weather layer + seasonal shoes + simple accessory |
| Quick polished look | Neutral top + darker bottoms + structured layer + simple jewelry |
| Easy repeat outfit | Favorite bottoms + trusted top + one finishing piece |
| Simple rule Choose one main piece first: jeans, trousers, a dress, sneakers, boots, or a jacket. Then build the outfit around that one piece. | |

OUTFIT IDEAS TO TRY THIS WEEK

| | |
|---------|--|
| Idea 1: | |
| Idea 2: | |
| Idea 3: | |

Favorite Looks & Wardrobe Notes

Use this page to save what works. The goal is to build simple outfit formulas you can repeat without starting from zero each time.

FAVORITE LOOKS

| | |
|----------------|--|
| Look 1: | |
| Look 2: | |
| Look 3: | |
| Look 4: | |

PIECES I WANT TO WEAR MORE OFTEN

| | |
|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Jeans | <input type="checkbox"/> Trousers |
| <input type="checkbox"/> Skirts | <input type="checkbox"/> Dresses |
| <input type="checkbox"/> Sneakers | <input type="checkbox"/> Flats |
| <input type="checkbox"/> Boots | <input type="checkbox"/> Blazers |
| <input type="checkbox"/> Cardigans | <input type="checkbox"/> Jackets |

STYLE NOTES

| | |
|--------------------------|--|
| Colors I like: | |
| Outfits I repeat: | |
| Looks to save: | |

Shopping & Outfit Gap List

Use this page only for items that would make your outfits easier to finish. You do not need a lot - just note the helpful gaps.

HELPFUL WARDROBE GAPS

| | |
|---|---|
| <input type="checkbox"/> Basic tops | <input type="checkbox"/> Work tops |
| <input type="checkbox"/> Jeans or denim | <input type="checkbox"/> Trousers |
| <input type="checkbox"/> Casual dress | <input type="checkbox"/> Layering piece |
| <input type="checkbox"/> Sneakers | <input type="checkbox"/> Flats or loafers |
| <input type="checkbox"/> Boots | <input type="checkbox"/> Everyday bag |
| <input type="checkbox"/> Simple accessories | <input type="checkbox"/> Seasonal layer |

BEFORE BUYING, ASK

| |
|--|
| <input type="checkbox"/> Can I style this at least 3 ways? |
| <input type="checkbox"/> Does it work with pieces I already own? |
| <input type="checkbox"/> Will I wear it for real days, not just saved ideas? |
| <input type="checkbox"/> Does it fill a useful outfit gap? |

MY NEXT OUTFIT PLAN

| | |
|------------------------------|--|
| Outfit to plan: | |
| Pieces needed: | |
| Where I will wear it: | |

Tip: Save this planner and reuse it whenever you want a fresh week of outfit ideas.